

2024/03/07 English Day

# Show Yourself

Idina Menzel, Evan Rachel Wood - Show Yourself (From "Frozen 2"/ Sing-Along) | DisneyMusicVEVO

[https://youtu.be/lnokz\\_Rk53o](https://youtu.be/lnokz_Rk53o) 英語日小主播：815 朱語晴 陳捷

## Lyrics

Every inch of me is trembling  
But not from the cold  
Something is **familiar**  
Like a dream I can reach but not quite hold  
I can sense you there  
Like a friend I've always known  
I'm arriving  
And it feels like I am home  
I have always been a **fortress**  
Cold secrets deep inside  
You have secrets, too  
But you don't have to hide  
Show yourself  
I'm **dying** to meet you  
Show yourself  
It's your turn  
Are you the one I've been looking for  
All of my life?  
Show yourself  
I'm ready to learn  
Ah-ah, ah-ah  
Ah-ah, ah-ah-ah  
I've never felt so **certain**  
All my life I've been **torn**  
But I'm here for a reason  
Could it be the reason I was born?  
I have always been so different  
**Normal** rules did not apply  
Is this the day?  
Are you the way  
I finally find out why?  
Show yourself  
I'm no longer **trembling**

Here I am  
I've come so far  
You are the answer I've waited for  
All of my life  
Oh, show yourself  
Let me see who you are  
Come to me now  
Open your door  
Don't make me wait  
One moment more  
Oh, come to me now  
Open your door  
Don't make me wait  
One moment more  
Where the Northwind meets the sea  
Ah-ah, ah-ah  
There's a river  
Ah-ah, ah-ah  
Full of memory  
Come, my darling, **homeward bound**  
I am found  
Show yourself  
**Step** into your power  
Throw yourself  
Into something new  
You are the one you've been waiting for  
All of my life  
All of your life  
Oh, show yourself  
Ah-ah, ah-ah (ah-ah, ah-ah)  
Ah-ah, ah-ah (ah-ah, ah-ah)  
Ah-ah, ah-ah

## Key Words

familiar 熟悉的	normal 普通的
fortress 堡壘	trembling 發抖
be dying for/to do something 極想得到，極想做	homeward 向家的
certain 肯定	bound 界線
torn 撕裂	step 步伐

\*片中引用影片來源 <https://www.youtube.com/watch?v=nrZxwPwmgrw>

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